

Care Plan for Violet [REDACTED]

Asthma & Hives

Violet has asthma. Asthma is a condition where airways narrow, swell, and create extra mucus which can make breathing difficult. Violet's family has been advised to keep an asthma inhaler with Violet at all times. Strenuous activity can trigger an attack. It could also be linked to seasonal allergies.

If Violet begins having an asthma attack, symptoms that can be expected are: non-stop coughing, and sometimes wheezing or difficulty breathing. If you notice this, ask her if she needs her inhaler. She will need assistance administering her inhaler. It is located in the front pouch of her backpack.

Violet also has allergies to animals. She has gotten hives on her face in the past. It has never affected her breathing. Should you notice hives, call mom at 778-727-[REDACTED] and she will come to administer benadryl. If for whatever reason it does affect her breathing, call **911** and then mom.

Asthma Inhaler Administration

Symptoms: non stop coughing, sometimes wheezing and difficulty breathing

Procedure:

1) Remove cap from inhaler, shake inhaler, have Violet breathe out. Hold the inhaler with the mouthpiece down and instruct Violet to wrap her lips around the mouthpiece to create a tight seal. As she begins breathing in slowly, press down on the inhaler one time to let the medicine reach deep into her lungs. Slowly count to 10 while Violet holds her breath.

2) After 1 minute, administer another puff. Symptoms should go away within a couple minutes. There has never been an instance where the symptoms continue after 2 puffs. She may cough a little bit after, but not to the extent as before. However if she continues coughing non-stop, call mom at 604-727-[REDACTED] Should she continue to have difficulty breathing, call **911** and then call mom.

Parent Signature: _____

Parent Name: _____

School Administrator Signature: _____